



Mental Health & Substance Use
Therapy for Teens & Young
Adults ages 14-28

YouthSerenity.com



Intensive Outpatient (IOP)

Our Mental Health and Dual Diagnosis IOP programs are an effective option for teens and young adults who might be off-track and experiencing life disruption due to mental health, substance use, or behavioral issues. IOP meets 3-4 times a week and is our most structured program. All our clients start out in this level of care.

Services include:

- Comprehensive Assessments
- Individual, group, and family therapy
- Parents group
- Psychoeducation
- Life skills
- Social skills
- Peer support
- Educational/Vocational Support
- Psychiatric Services
- Medication Management

Step Down to Outpatient (OP)

Our OP level of care follows completion of IOP. Members attend once or twice a week for up to 3 months to help maintain progress made in IOP.

Psychiatric Services

Available to members enrolled in IOP or OP. Comprehensive evaluations, medication management, collaboration with outside providers.

Family Therapy

Family involvement is an integral part of our programs. We offer a virtual parent's group, regular family sessions and parent support.

Accepted Insurance

- Aetna
- AmeriHealth Administrators
- AmeriHealth HMO, PPO
- Capital Blue Cross
- FEP Blue
- Geisinger Health Plan
- Highmark
- Independence Administrators
- Independence Blue Cross
- Keystone Health Plan East
- Quest Behavioral Health
- United Healthcare/UMR/Optum
- Medicaid: Berks, Bucks, Chester, Delco, Montco
- PA CHIP: IBC, UHC, Geisinger

Our list of accepted insurance is expanding.
Please contact us for a verification of benefits.

Treatment Schedule

Teens 14-17	Young Adults 18+
Mon, Weds, Fri	Mon, Weds, Fri
4:00 pm – 6:30 pm	12:00 pm – 3:00 pm
Parents Group	Sessions
Tues (Virtual)	Weekly Ind Therapy
6:00 pm – 7:30 pm	Family Therapy as needed



Meet The Team



Francesca Santacroce
LMFT, CAADC



Jonathan Bumpas
MFT, M.Div



Kaitlyn MacNichol
LPC



Samantha O'Donnell
PMHNP-BC



Ashley Greene
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